

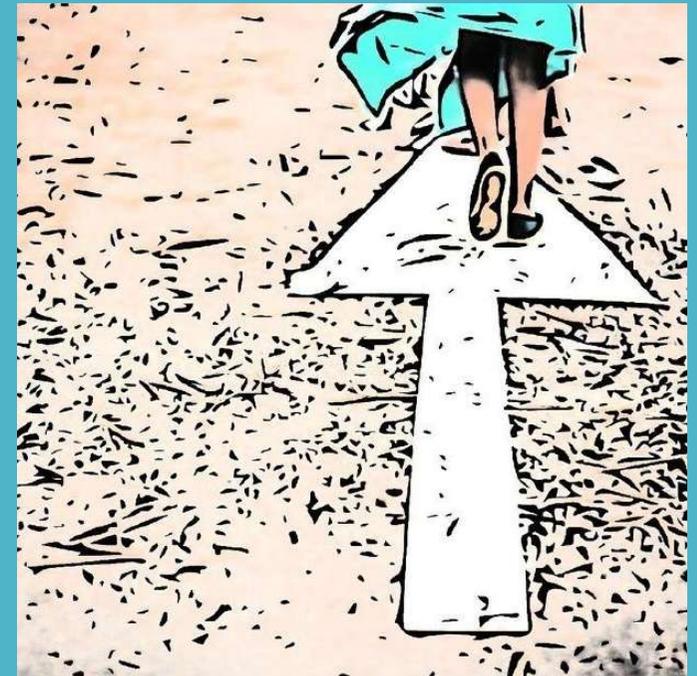
Unaccompanied refugee minors and the impact of experiences before, during and after flight on their psychological well-being

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Center for the Social Study of Refugees and Migration
(CESSMIR)

International advisory board meeting

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Childmove Project Greece

Overview

1. Mobility
2. Measurement moments /Data collection
3. Initial outcomes
4. Challenges
5. Further steps

On the move...

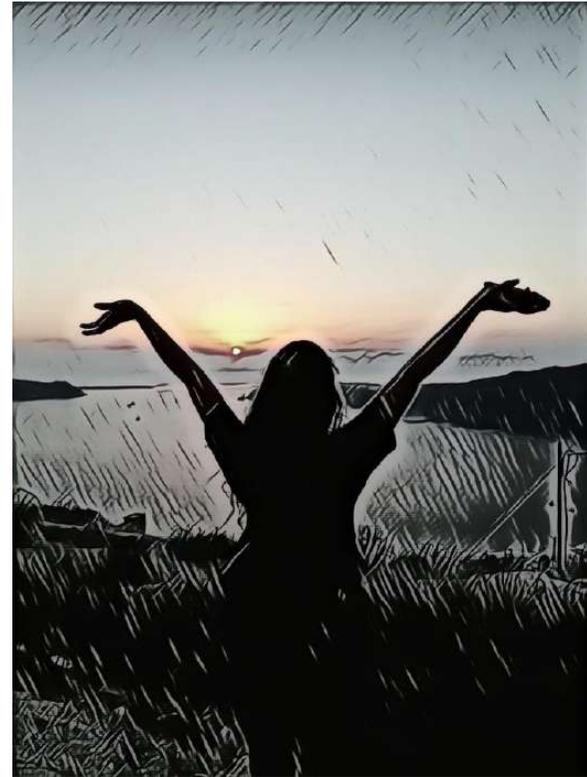
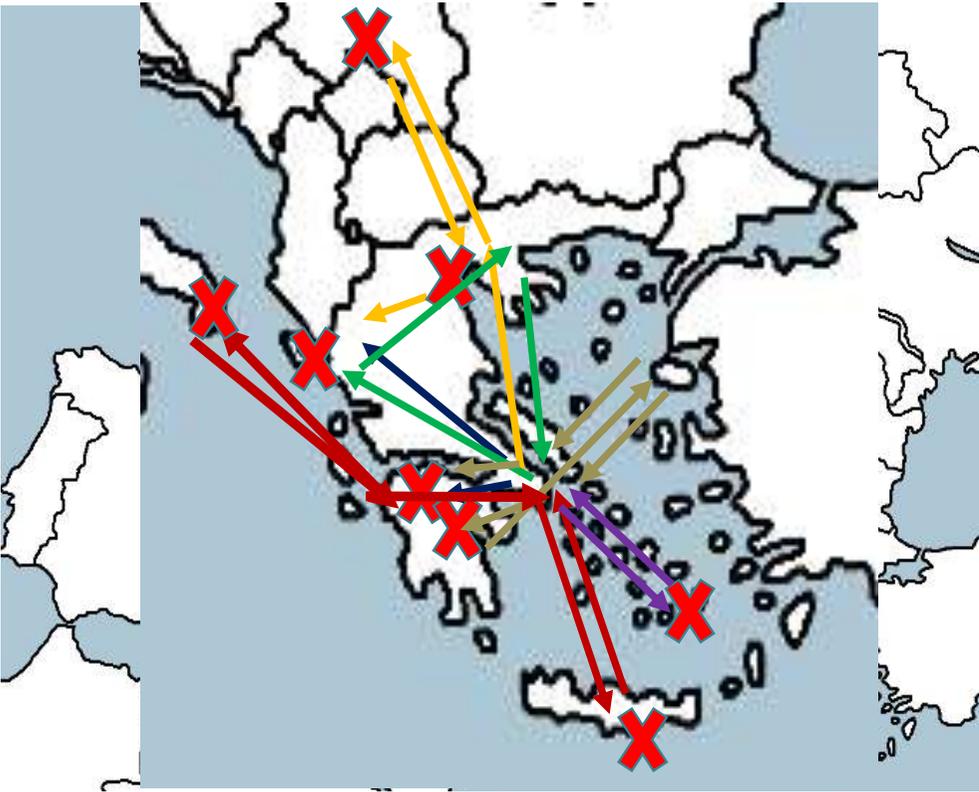
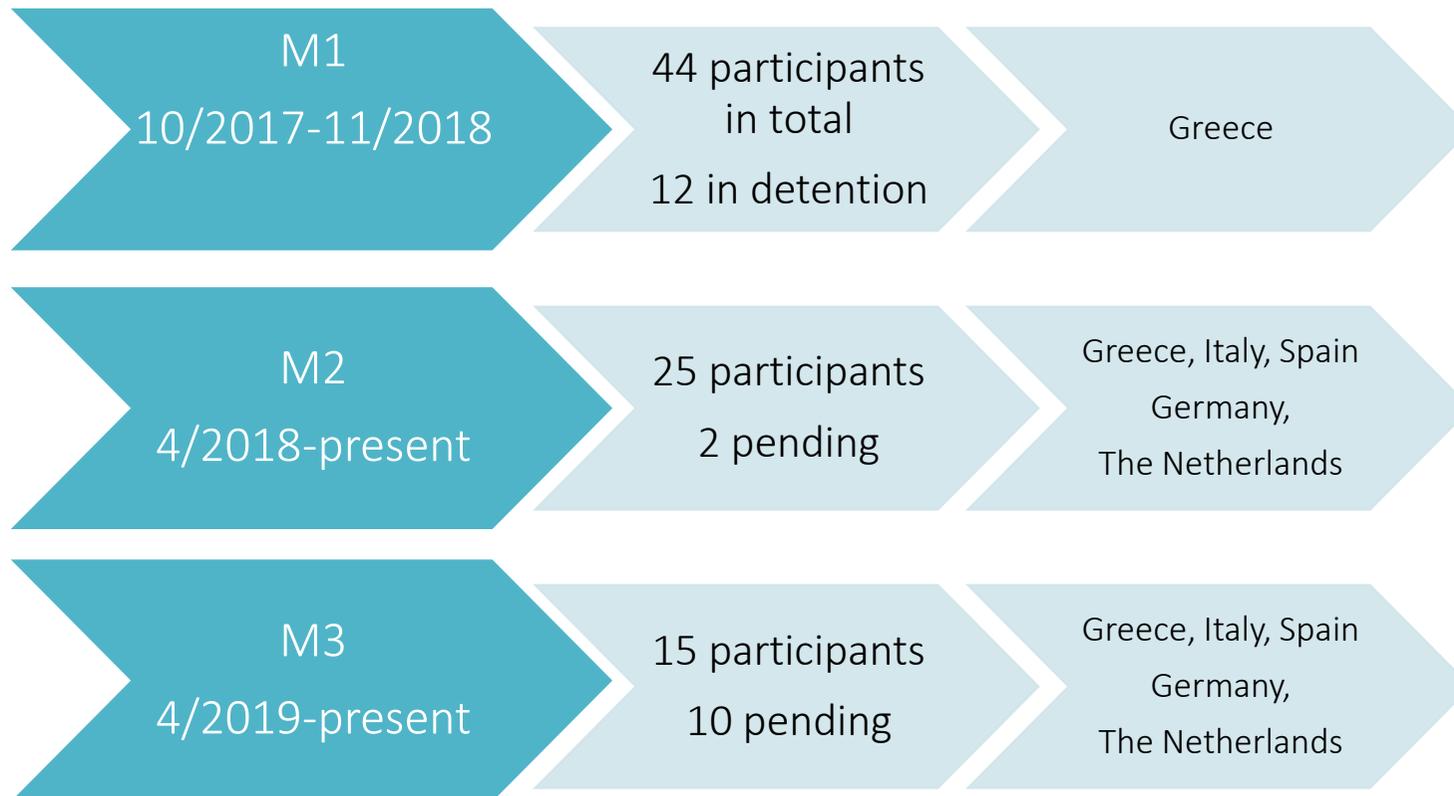


Photo: M.Rota, "The flying girl", 2018

Measurement moments



Stay in touch



Checked email, Facebook, Twitter,
and Pinterest.
Ready to start my day.

Oh look, it's
lunch time.



Data collection



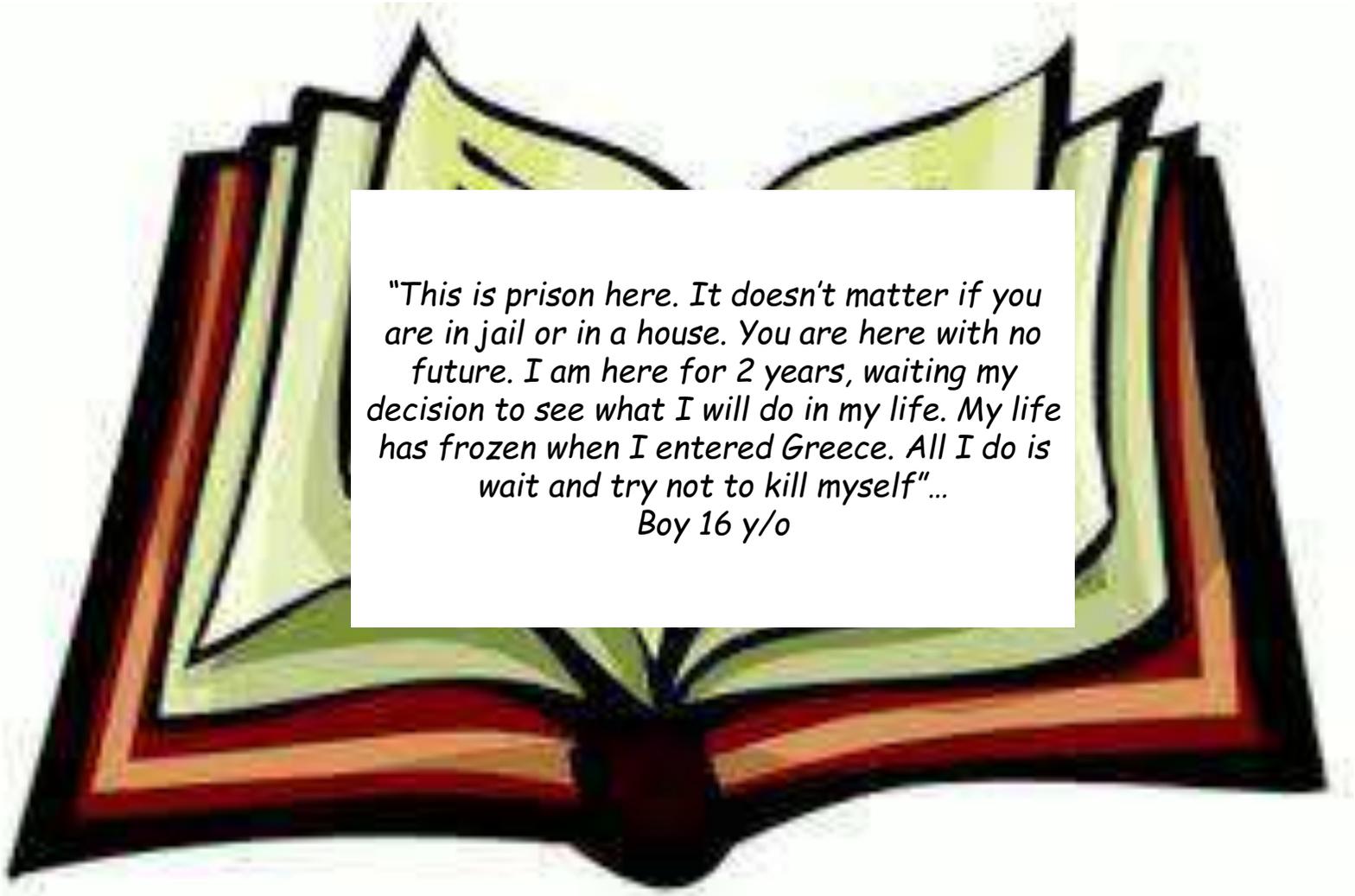
P: I was going to school and my father took me out of school to have to be a shepherd and work... For one month I worked and he didn't tell me anything. After that, the next day he told him that I haven't done such a thing to you and he had done such a thing but he hadn't anything to tell me money from this man. He told me that I have to go back and work again there...

R: So you left Afghanistan... Did you leave alone?
P: Alone
R: So you went... Did you cross the borders there and one night he came again to rape me and told me eat it you won't be hurt, I put money to my aunt and my aunt talked to her to send me to Iran so with the money...

R: You stayed in Iran in your aunt's house?
P/E: In his sister's house.
P: Yes in your sister you stayed?
P: Yes.
R: And why did you leave?

نمیدانم و یا نمیخواهم پاسخ دهم	چند بار تجربه کردید...؟
0	5. نداشتن دارو و درمان کافی
0	6. نداشتن امکانات آموزشی کافی
0	7. کمبود اطلاعات در مورد روش ها و مراحل حقوقی
0	8. احساس ناامنی
0	9. مشکل در ایجاد رابطه دوستانه جدید
0	10. نگرانی از خانواده که از من دور هستند
0	11. مشکلات در کسب اقامت قانونی
0	12. مشکلات مربوط به مراحل ارزیابی سن
0	13. دشواری ارتباط با دیگران به دلیل زبان خارجی
0	14. جایابی با اعمال زور و بطور مکرر
0	15. احساس بی برنامگی
0	16. احساس ناامنی در مورد آینده
0	17. شنیدن اینکه مردم چیزهای بدی راجع به من می گویند. (غمیبت)

Stories



"This is prison here. It doesn't matter if you are in jail or in a house. You are here with no future. I am here for 2 years, waiting my decision to see what I will do in my life. My life has frozen when I entered Greece. All I do is wait and try not to kill myself"...

Boy 16 y/o

Questionnaires

Daily stressors

Daily stressors						
Instructions:						
Underneath you can find a list of difficulties that people can experience in their daily lives (feelings, events, living conditions, ...). Please read the questions carefully. Read every sentence and think if you have experienced any of these difficulties <i>during the last month</i> . Then, please tell us how often you experienced them by marking the box that most applies to your experiences with a cross. If you experienced something that is not on this list, you can write this down below under number 20.						
How often did you experience...?		Never	Sometimes	Often	Always	I don't know/ don't want to answer
1.	Not enough food	0	0	0	0	0
2.	Not enough clothing.	0	0	0	0	0
3.	Not enough money.	0	0	0	0	0
4.	Not enough housing.	0	0	0	0	0
5.	Not enough medical care.	0	0	0	0	0
6.	Not enough education.	0	0	0	0	0
7.	Lack of information (on procedures, rights etc.).	0	0	0	0	0
8.	Feelings of unsafety.	0	0	0	0	0
9.	Difficulties in making new friends.	0	0	0	0	0
10.	Worrying about my family at home.	0	0	0	0	0
11.	Difficulties in obtaining legal documents.	0	0	0	0	0
12.	Difficulties related to the age-assessment procedures.	0	0	0	0	0
13.	Difficulties to communicate with others due to the foreign language.	0	0	0	0	0
14.	Being forcibly and repeatedly moved.	0	0	0	0	0
15.	Feeling bored.	0	0	0	0	0
16.	Feeling uncertain about the future.	0	0	0	0	0
17.	Hear people say bad things about myself.	0	0	0	0	0
18.	Feeling of being treated unfairly compared to others.	0	0	0	0	0
19.	Feeling that others have prejudices about myself or people of my country/culture.	0	0	0	0	0
20.	Other difficulty that I experienced last month: _____	0	0	0	0	0

- Worrying about family at home
- Not enough money
- Lack of information on procedures
- Feeling bored
- Not enough education
- Difficulties in obtaining legal documents
- Not enough clothes
- Feeling uncertain about the future
- Difficulties to communicate with others due to the foreign language.
- Feelings of unsafety
- Not enough medical care
- Prejudices because of being a foreigner
- Not enough housing
- Not enough food
- Difficulties in making new friends
- Being forcibly and repeatedly moved
- Being treated unfairly compared to others
- Difficulties with age assessment
- Hear people say bad things about me
- **Lack of guardian**

Observations



Graffiti



Participant
Observation



Social media
conversations

Initial results

Stories

- Imprisonment and trauma during the trip
- Police violence
- Feelings of being caged even if not in detention
- Feelings of loneliness
- Feelings of mistrust
- Nostalgia

Questionnaires

- Absence of daily needs
- Worries about the family back home
- Psychosomatic effects as a result of stressful events.
- Lack of information on procedures
- Uncertainty about the future
- Feelings of boredom
- Lack of guardians

Observations

- Drop out of staff due to bad working conditions – feelings of powerlessness
- Long family reunification procedures
- Inhuman situation in camps and informal settings
- Difficulties in obtaining documents (in Greece or elsewhere)
- Lack of funding

Best interest of each child

- Physical contact (a hug, a pat on the back) plays significant role for many kids.
- Being normal – go on excursions, on Fun Parks or just for street food makes kids feel like normal people.
- Need of rules and boundaries.
- Feeling that someone is looking after them.
- Being treated as individuals and not as part of the pack.
- Need of attention.
- Making staff proud of them.
- Feeling of belonging.

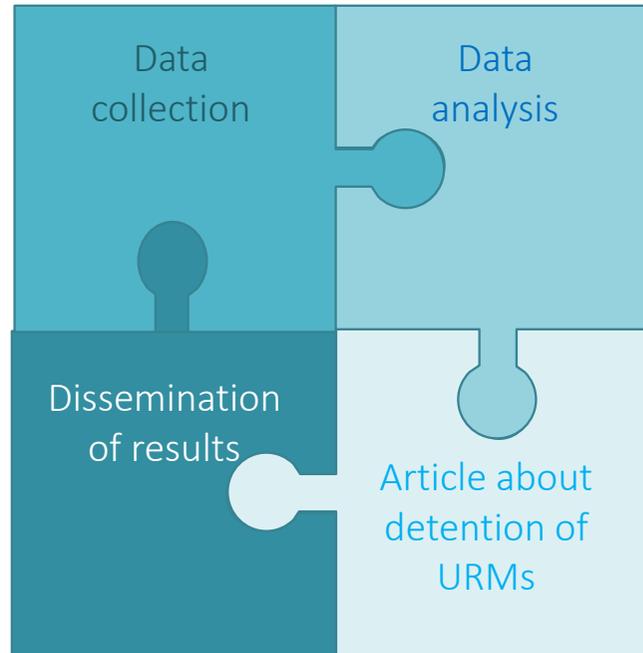


Photo: M. Rota, February 2018

Challenges



Steps forward



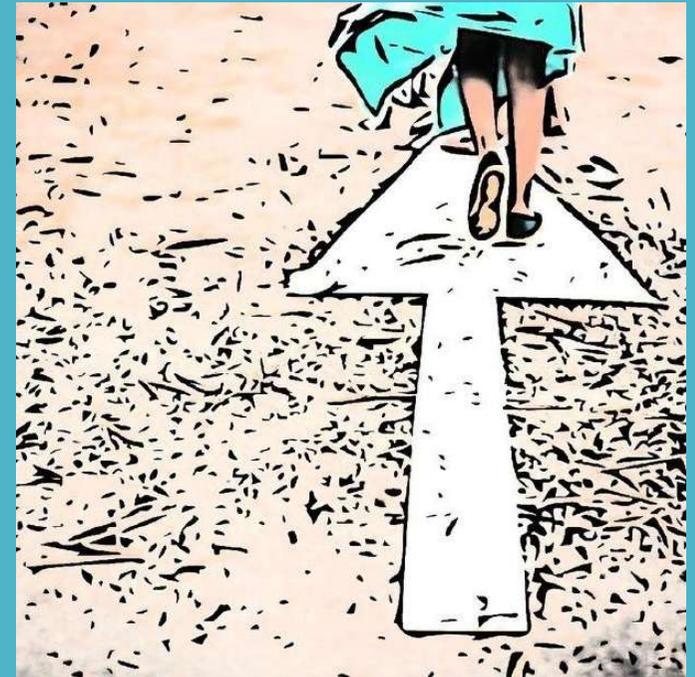
THANK YOU FOR YOUR ATTENTION

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www.facebook.com/childmove



*“The world will not be destroyed
by those who do evil, but by those
who watch them without doing
anything.”*

Albert Einstein